

Professional Teacher Training



Growing Minds Center for Child and Family Therapy

**MSDE Approved and Customized Workshops & Coaching
for Preschool and Elementary School Teachers
Offered at Growing Minds or at your School**



**Highly Engaging, Experiential, Research Based,
Advanced Strategies, Take-Away Tools, Experienced**

Child Development

- **Fears and Tears:** Understanding and Managing Anxiety in the Classroom
- **Emotional Regulation in Preschool:** Understanding and Managing Emotional Explosions in the Classroom
- **You're Not My Friend Anymore:** Facilitating Social Skills and Conflict Resolution in Preschool
- **The Power of Play in Early Childhood Development and Academic Readiness**
- **Learn the Signs. Act Early:** identifying Red Flags in Development
- **Connected and Cooperative:** Using Positive Discipline to Manage Challenging Behaviors in the Classroom
- **Setting your Classroom up for Success:** Restructuring the Classroom Environment for Optimal Learning and Increased Cooperation
- **Supporting Children in Understanding Concepts related to Death and Loss**
- **SEFEL Training {Social Emotional Foundations}**
- **Supporting Children on a Gender Journey**

Curriculum, Professionalism & Community

- **Parents as Partners in the Educational Journey**
- **Communicating Concerns to Parents**
- **Using Centers in the Classroom to Extend Learning:** Open Ended Learning
- **Storytelling as a Vehicle for Engaging Students**
- **Setting the Stage for Critical Thinking in the Preschool Classroom**
- **Emergent Curriculum and the child as the center of Learning**
- **Building an Inclusive Environment**
- **Creating Community and Enhancing Relationships in the Classroom**
- **ADA**
- **Incorporating Mindfulness into the Preschool Day**